



# ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

Father Pawel Jamroz, Pastor email: [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca)

## SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

## WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

## SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

## PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

## PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students ([jp2waterloo.ca](http://jp2waterloo.ca)).

## SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

## HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

## ST. VINCENT DE PAUL SOCIETY

Monthly collections support the following projects: North of 60 food assistance to Nunavut, Christmas Gift Cards in Waterloo, Hygiene Kits for Ukrainians, and Marillac Place after-care programs. Thank you for your continued support. For food assistance in Waterloo Region call 519-743-5576 ext 340.

## BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

## SECOND SUNDAY OF EASTER (DIVINE MERCY)

### FROM THE PASTOR'S DESK

#### *Sunday Gospel Reflection (Jn 20:19-31)*



Thomas demanded to see and touch Jesus' wounds before he would believe. Jesus granted Thomas' demand and said, 'Blessed are those who have not seen and yet believe.'

We are called to 'see and to touch' the wounds of the members of Christ's Mystical Body: people who are in need. When these are seen with our sensitive eyes and touched with our caring hands, then we are among those who are blessed.

Fr. Jamroz

### **WELCOME TO ST. MICHAEL PARISH**

Welcome, we are glad you're here! For details on our parish life, please see our website: [www.stmichaelw.ca](http://www.stmichaelw.ca)

### **Parish Office Hours**

The parish office is open Monday to Friday from 9:00 am to 4:30 pm.

### **Sunday Homilies Online**

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button 'SUNDAY HOMILY'.

### **The Church is Open for Prayer**

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

### **Prayer Intentions**

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. You can also have your request shared with our prayer group ministry. Please go to our website [www.stmichaelw.ca](http://www.stmichaelw.ca) and click on Request a Prayer or contact the parish office by phone or email.

### **Parish Email List**

All parishioners are welcome to join a parish email list. If you are on this list, you will be notified of upcoming parish events including funerals. To join the list, please sign up on our website at <https://www.stmichaelw.ca/contact-us>

### **MASS INTENTIONS**

#### **Tuesday, April 29, 2025**

**7:00 pm +** Special Intentions of Avanthika John  
+ Charlotte Wilson – St. Michael Parish CWL  
**7:30pm-8:30pm** Holy Hour with Adoration & Benediction

#### **Wednesday, April 30, 2025**

**12:15 pm +** Lawrence & Norma Chin-Cheong – Peter & Sharon Chin-Cheong

#### **Thursday, May 1, 2025**

**12:15 pm +** Steven Bedic – Magnell & Anthony Robinson  
+ Special Intentions of the Mootheril Family – George Mootheril

#### **Friday, May 2, 2025**

**8:00 am +** Burnie Myers – Jennifer Reddock  
**8:30am - 9am** Adoration of the Blessed Sacrament

#### **Saturday, May 3, 2025**

**5:00 pm +** Souls in Purgatory – Dominic Posella  
+ Joself – The Vu Family



*\*Humanity will not find peace until it turns trustfully to divine mercy.\*  
(St. Faustina's Diary, p. 132)*

### 3 O'Clock Divine Mercy Prayer

You expired, O Jesus,  
but the source of life flowed out for souls  
and an ocean of mercy  
opened up for the whole world.

O Fountain of Life,  
unfathomable Divine Mercy,  
envelop the whole world,  
and empty Yourself out upon us.

O Blood and Water,  
which gushed forth  
from the Heart of Jesus  
as a Fount of Mercy for us,  
I trust in You.

Holy God,  
Holy Mighty One,  
Holy Immortal One,  
Have mercy on us  
and on the whole world (3x)

Jesus, King of Mercy, I trust in You.

Amen

### VBS - VACATION BIBLE SCHOOL August 11 - 15, 9 am – noon St. Michael Parish

Registration opens May 1 for VBS. Cost is \$30 per child. Registration is available on our website at <https://www.stmichaelw.ca/vbs> or forms are available at the main entrance of the Church starting next weekend.

#### The Ones

If you are an adult who normally eats alone, come join other parishioners on the first Friday of each month at the Waterloo Knights of Columbus for Fish and Chips. For more information or to reserve your place, please contact Eleanor Horrigan at 519-885-3674 or [horriganeleanor@gmail.com](mailto:horriganeleanor@gmail.com)

#### Save the Date

St. Michael Parish Pilgrimage to the Carmel of St. Joseph. **Saturday, June 21.** Watch for details.

### Heartache to Healing - Grief Support Group - St. Michael Parish, Waterloo

Grief support provides companionship on the long journey through the grief process. Our support group follows the process developed by Dr. Bill Webster, an experienced leader in grief counselling. All who have suffered a loss are welcome, regardless of how much time has passed since your loss.

**6-week Program** - This program runs Wednesday evenings (6 consecutive weeks) from **May 14 to June 18th** at St. Michael Parish, Waterloo. **Registration is required by May 6th** for this program by contacting our Parish office 519-884-9311, or email [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca).



DIocese of Hamilton

**PARENTING TIP OF THE MONTH Tip #168** What we choose to allow into our children's lives will have lifetime implications for how those things will function in their lives as adults. What media (of all types) do we allow them to engage with? What after school and weekend activities do we allow them to take part in and how much do we support their efforts? Is getting into the outdoors important to your family? Do we engage as a family in the faith by attending Mass, praying at meals and before bed, saying the Rosary and other prayers? What we bring into the lives of our children will be impacted as much by our engagement as theirs. Think about what you believe will matter to their physical, mental and spiritual health in the future and then bring those into your child's life. What we choose for them can help them choose well when they are making their own decisions

**MARRIAGE TIP OF THE MONTH Tip #148** Life is busy, sometimes so busy that we forget to make time every day to connect with our spouse. Demands on our time can make it seem impossible, but it is necessary to help love thrive. We must make a choice to put our couple relationship into our agendas. Spend time at the beginning or end of each day to touch base on what is going on in our lives, pray together each day, book date nights (at home and/or out of the home), enjoy a coffee together, take a walk, just the two of you. Relationships of any kind need both quality and quantity time; make sure you have both to keep your marriage strong.





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